

## Coastal Bend College Summer Volleyball Camps July 24 - 29

The Peter S. Marecek Physical Fitness Center



9:00 am to 4:00 pm **Cost: \$60** 



This intensive camp is designed to strengthen and develop skills for experienced volleyball players. The camp focuses on learning new techniques for the game, increasing tactical awareness and developing better skills in a position specific environment. Groups will be split by age, experience and athleticism. The staff will include area collegiate volleyball players, area high school and club coaches. All sessions will be held in the climate-controlled Peter S. Marecek Physical Fitness Center. All campers will receive lunch provided by CBC Food Services and a Coastal Bend College Volleyball T-shirt. Ages 12-18 are encouraged to attend.



## Setter / Hitter Clinic July 26<sup>th</sup>

9:00 am to 3:00 pm **Cost: \$40** 

Single day camp is designed to reinforce proper mechanics and technique for experienced players as well as improve attacking and settings for the intermediate player. This camps' goal is to increase tactical awareness and developing better attacking and setting skills. High school Ages 13-18 are encouraged to attend. Groups will be split by age, experience and athleticism. All campers should bring their lunch for this camp.

## "Rust Buster" All-Skills Camp July 27<sup>th</sup> – July 29<sup>th</sup>

9:00 am to 4:00 pm Cost: **\$100** 



Volleyball season is almost here, so knock that rust off all parts of your game at this time (5) day camp that is designed to reinforce proper mechanics and technique for experienced players as well as introduce basic skills for the beginning player. This camp is appropriate for all players and will include a heavy emphasis on skill development in a fun environment. Ages 12-18 are encouraged to attend. All sessions will be held in climate-controlled Marecek Physical Fitness Center. Groups will be split by age, experience and athleticism. All campers will receive lunch provided by CBC Food Services and a Coastal Bend College Volleyball T-Shirt.

All sessions are led by CBC Volleyball Head Coach Paul Cantrell who brings 25+ years of volleyball coaching experience at the NCAA Division I, II, III; NAIA; USCAA; Club and High School levels. All Coastal Bend Volleyball Camps will feature a low (10-1) player coach ratio to make sure you get the BIG CAMP EXPERIENCE at small camp price!

**Registration Form on the Back** 

## **Coastal Bend College Summer Volleyball Camp Registration Form**

Name:			Phone Num	ber: ()		
Age:	: DOB: School:		Grade Entering:			
Email Add	dress:					
Parent/Gu	ardian:					
F		· 		Coastal Bend Coll	ege Volleyball	
-		High Performance Camp - July 24 - 25 \$60  Setter / Hitter Clinic – July 26 \$40			T-Shirt Size: (circle one)	
}		Setter / Hitter Clinic – July 26  "Rust Buster" Camp – July 27 - 29		Youth Large	Adult Small	
}	"Rust Buster	" Camp – July 27 - 29	\$100	<b>Adult Medium</b>	Adult Large	
				Adult X-Large	Adult XX-Large	
	Coastal Bend	College Faculty/Staff				
	Discount – Take \$5 off per session!			QUESTIONS? Call Coach Paul Cantrell 361-354-2721		
Ī	Total Due					
L						
I certify t	Beevil rd Payments: Major C that my child is in good Coastal Bend College	Medical Care C (Please read od physical health and je Volleyball Program.	carefully and has my perm	sign below)		
an emer with the attendar to photo	gency. I understand camp assumes any nce at this camp. I w ograph your child d	that neither Coastal B responsibility for accide ill furnish insurance for	Bend College, ents (medica r my child. I ion in camp	the camp directors, nor l or dental) or other injuring give my permission for activities for the use o	ies incurred because of r Coastal Bend College	
Parent / legal guardian			Date			
Medical	Insurance Company					
Policy N	umber					
Medical	conditions, food aller	rgies, environmental al	llergies and/o	r limitations:		

<sup>\*</sup>credit card convenience fee of 2% may apply.