



Coastal Bend COLLEGE

Administrative Master Syllabus

Cover Sheet

Purpose: The Administrative Master Syllabus provides a general course description, defines the required elements of the course, and establishes a faculty-driven foundation for course assessment to ensure continuous improvement in student learning, irrespective of the course timeframe, or mode of course delivery.

Course Title: **Common Concepts of Adult Health**

Course Prefix and Number: **RNSG 1341**

THECB Approval Number (10 digit): **5138010000**

Department: **Nursing** Division: **Nursing and Allied Health**

Course Type: (check only one)

- Academic General Education Course (From ACGM but not a CBC Core Course)
- Academic CBC Core Course
- WECM Course (Special Topics or Unique Needs Course: Y or N)

Weekly Contact Hours (Lecture – Lab – External): **3** - **0** - **0**

Course Catalog Description:

Basic integration of the role of the professional nurse as a provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession. Study of the common concepts of caring for adult patients and families with medical-surgical health care needs related to body systems, emphasizing knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach.

Prerequisites/Co-requisites:

Prerequisite: Successful completion of all nursing courses with a grade of “C” or better from previous semesters.
Co-requisite: RNSG 1161

Approval: The contents of this document have been reviewed and are found to be accurate.

Prepared by (Content Expert): **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:11:09 -06'00'

Reviewed by Director or Coordinator: **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:11:19 -06'00'

Approved by Dean of CTE or NAH or TGE: **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:11:29 -06'00'



Coastal Bend COLLEGE

Master Course Syllabus

Course Name: RNSG 1341 Common Concepts of Adult Health

Course Description: Basic integration of the role of the professional nurse as a provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession. Study of the common concepts of caring for adult patients and families with medical-surgical health care needs related to body systems, emphasizing knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach.

Semester Hour Credit: 3

Lecture Hrs. per Week/Lab Hrs. per Week/External Hrs. per Week: 3/0/0

Curriculum Capacity:

Face-to-Face Lab - 30
Online Lab
Face-to-Face Lecture - 30
Online - 30
Virtual Face-to-Face
Interactive video (multi-locations)
Hybrid - 30
Clinical

Recommended enrollment threshold:

Face-to-Face Lab - 15
Online Lab
Face-to-Face Lecture - 15
Online - 15
Virtual Face-to-Face
Interactive video (multi-locations)
Hybrid - 15
Clinical

Textbook and/or other major required readings:

Title: Timby's Introductory Medical-Surgical Nursing

Author: Donnelly-Moreno, Moseley

Publisher: Wolters Kluwer

Edition: 13th

ISBN: 9781975172237

Other Resources: Assessment Technologies Institute, LLC retrieved from www.atitesting.com.

More information will be provided in Blackboard.

The Student Learning Outcomes for the course are the same regardless of modality or location.

**Course Outcomes
(WECM or LDACGM)**

1. Explain the roles of the professional nurse in caring for adult patients and families.
2. Utilize critical thinking skills and a systematic problem-solving process in providing care for adult patients and families with common health needs.

The following general education course competencies (TGE) or Marketable SCAN Skills (CTE/NAH) are addressed in this course: General education course competencies (TGE) or Marketable SCAN Skills (CTE/NAH) assessed are indicated with an asterisk *.

- Social Perceptiveness — Being aware of others' reactions and understanding why they react as they do.
- Active Listening — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Coordination — Adjusting actions in relation to others' actions.
- Critical Thinking — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions, or approaches to problems.
- Speaking — Talking to others to convey information effectively.
- Judgment and Decision Making — Considering the relative costs and benefits of potential actions to choose the most appropriate one.
- Reading Comprehension — Understanding written sentences and paragraphs in work-related documents.
- Monitoring — Monitoring/Assessing performance of yourself, other individuals, or organizations to make improvements or take corrective action.
- Writing — Communicating effectively in writing as appropriate for the needs of the audience.
- Active Learning — Understanding the implications of new information for both current and future problem-solving and decision-making.
- Complex Problem Solving — Identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.

The following program student learning outcome are assessed for this course:

- Function within the nurse’s legal scope of practice and in accordance with regulation and the policies and procedures of the employing health care institution or practice setting.
- Assume responsibility and accountability for the quality of nursing care provided to patients and their families.
- Use clinical reasoning and knowledge based on the diploma or associate degree nursing program of study and evidence- based practice outcomes as a basis for decision-making in nursing practice.
- Determine the physical and mental health status, needs, and preferences influenced by culture, spirituality, ethnicity, identity, and social diversity of patients and their families, and the interpretation of comprehensive health assessment findings compared with evidence-based health data derived from the diploma or associate degree nursing program of study.
- Analyze comprehensive assessment data to identify problems, formulate goals/outcomes, and develop plans of care for patients and their families using information from evidence-based practice in collaboration with patients, their families, and the interdisciplinary health care team.
- Provide safe, compassionate, comprehensive nursing care to patients and their families through a broad array of health care services.
- Implement the plan of care for patients and their families within legal, ethical, and regulatory parameters and in consideration of disease prevention, wellness, and promotion of healthy lifestyles.
- Develop, implement, and evaluate teaching plans for patients and their families to address health promotion, maintenance, and restoration.

Evaluation Methods:

Content exams
Assignments
Final comprehensive exam

Course Grading: Please see individualized instructor policies for course evaluation methods. Students will be assessed on the same measure across each discipline as per CBC guidelines.

Major Course Assignments and/or exams counting for at least 10% of a final course grade:

Content exams
Final comprehensive exam

Grade Scale:

A = 90-100
B = 80-89
C = 75-79
D = 70-74
F = Below 70
Students must achieve a grade of 75 or better to pass this course.

Course Subject Matter Outline:

Concepts and Trends in Health Care
Settings and Models for Nursing Care
The Nursing Process
Interviewing and Physical Assessment
Legal and Ethical Issues
Leadership Roles and Management Functions
Nurse–Client Relationships
Cultural Care Considerations
Integrative Medicine and Alternative Therapies
End-of-Life Care
Pain Management
Infection
Intravenous Therapy
Perioperative Care
Disaster Situations
Caring for Clients with Fluid, Electrolyte, and Acid– Base Imbalances
Caring for Clients in Shock
Caring for Clients with Cancer
Introduction to the Respiratory System
Caring for Clients with Upper Respiratory Disorders
Caring for Clients with Lower Respiratory Disorders
Introduction to the Cardiovascular System
Caring for Clients with Infectious and Inflammatory Disorders of the Heart and Blood Vessels
Caring for Clients with Valvular Disorders of the Heart
Caring for Clients with Disorders of Coronary and Peripheral Blood Vessels
Caring for Clients with Cardiac Arrhythmias
Caring for Clients with Hypertension
Caring for Clients with Heart Failure
Caring for Clients Undergoing Cardiovascular Surgery
Introduction to the Hematopoietic and Lymphatic Systems
Caring for Clients with Disorders of the Hematopoietic System
Caring for Clients with Disorders of the Lymphatic System
Introduction to the Immune System
Caring for Clients with Immune-Mediated Disorders
Caring for Clients With HIV/AIDS
Introduction to the Nervous System
Caring for Clients with Central and Peripheral Nervous System Disorders
Caring for Clients with Cerebrovascular Disorders
Caring for Clients with Head and Spinal Cord Trauma
Caring for Clients with Neurologic Deficits
Introduction to the Sensory System
Caring for Clients with Eye Disorders
Caring for Clients with Ear Disorders
Introduction to the Gastrointestinal System and Accessory Structures
Caring for Clients with Disorders of the Upper Gastrointestinal Tract
Caring for Clients with Disorders of the Lower Gastrointestinal Tract

Caring for Clients with Disorders of the Liver, Gallbladder, or Pancreas
Caring for Clients with Ostomies
Introduction to the Endocrine System
Caring for Clients with Disorders of the Endocrine System
Caring for Clients with Diabetes Mellitus
Introduction to the Female and Male Reproductive Systems
Caring for Clients with Disorders of the Female Reproductive System
Caring for Clients with Breast Disorders
Caring for Clients with Disorders of the Male Reproductive System
Caring for Clients with Sexually Transmitted Infections
Introduction to the Urinary System
Caring for Clients with Disorders of the Kidneys and Ureters
Caring for Clients with Disorders of the Bladder and Urethra
Introduction to the Musculoskeletal System
Caring for Clients Requiring Orthopedic Treatment
Caring for Clients with Traumatic Musculoskeletal Injuries
Caring for Clients with Orthopedic and Connective Tissue Disorders
Introduction to the Integumentary System
Caring for Clients with Skin, Hair, and Nail Disorders
Caring for Clients with Burns
Interaction of Body and Mind
Caring for Clients with Anxiety Disorders
Caring for Clients with Mood Disorders
Caring for Clients with Eating Disorders
Caring for Clients with Substance Use Disorders
Caring for Clients with Dementia and Thought Disorders

Additional Course Requirements:

Prerequisite: Successful completion of all nursing courses with a grade of "C" or better from previous semesters.
Co-requisite: RNSG 1161

Class Attendance and Classroom Conduct Policies

Attendance Policy: Please see individualized instructor policies for attendance, which is pursuant to any related policy as outlined by the college handbook, financial aid agreements, or any other college related understanding (e.g., athletics, organizations).

Telephone Support: Toll Free: 866-722-2838 or Direct Line: 361-354-2508

I.T. Support Blackboard

<http://coastalbend.edu/it/>

IT Help Desk
1-361-354-2508

helpdesk@coastalbend.edu

Live Chat: Fall/Spring Hours: Monday - Thursday from 8 a.m. to 5 p.m. Summer Hours: Monday – Thursday from 7 a.m. to 6 p.m.

Tutoring Services: Coastal Bend College is committed to the academic success of all students enrolled at the college. A variety of services, including academic support, individual tutoring sessions, group tutoring sessions, and online tutoring, are available to students depending on the availability of tutors for the subject matter requested. All tutoring is provided at no cost to current CBC students who are currently enrolled at CBC. On-demand tutoring services are accessible 24 hours a day, seven days a week through the TutorMe platform, which may be accessed through your Blackboard account. To request a tutor, please complete the online tutor request form found at <http://www.coastalbend.edu/tutoring/> to submit your request. If you have any questions about tutoring programs, you can contact to tutoring@coastalbend.edu.

Beeville	Alice	Kingsville	Pleasanton
3800 Charco Road Beeville, TX 78102 1-866-722-2838	704 Coyote Trail Alice, TX 78332 1-866-891-2981	1814 Brahma Blvd. Kingsville, TX 78363 1-866-262-1615	1411 Bensdale Pleasanton, TX 78064 1-866-361-4222

Grady C. Hogue Learning Resource Center (Library): Located on the Beeville campus, the operation hours are Monday - Friday from 8:00 a.m. to 5:00 p.m.

(Summer semesters will observe the CBC campus operation hours) For locations and hours of the CBC library in Alice, Kingsville, and Pleasanton sites please visit the library web page link below.

Grady C. Hogue Learning Resource Center (Library): <http://lrc.coastalbend.edu/about>

Financial Aid: Resources are available for students for financial aid, work study, and veteran benefits. For additional information, visit our website at <http://coastalbend.edu/finaid> or contact us at 361-354-2238. Office hours: Monday - Friday from 8:00 a.m. to 5:00 p.m.

ADA Statement: No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g). See at: [GA \(Legal\)](#)

Students with Disabilities: Please notify your instructor of any modification/adaptation you may require to accommodate a disability-related need. You will need to provide documentation to the Director of Accessibility Services so the most appropriate accommodations can be determined. Specialized services are available through the Office of Accessibility Services (OAS) (SSB 4.104, 471-6259). For more information, please email oas@coastalbend.edu.

Scholastic Dishonesty: Each student is charged with notice and knowledge of the contents and provisions of Coastal Bend College's rules and regulations concerning student conduct. All students shall obey the law, show respect for properly constituted authority, and observe correct standards of conduct. Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by Coastal Bend College Policies FLB (Local) and FM (Local). Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion. See at: [FLB \(Local\)](#) and [FM \(Local\)](#).

Use of E-mail for Official Correspondence to Students: All students should be familiar with the college's official email student notification policy. Students are expected to check their CBC email on a frequent and regular basis to stay current with college-related communications, recognizing that certain communications may be time-critical.

Copyright Law and Intellectual Property Rights Policy: Copyright is the right of an author, artist, composer or other creator of a work of authorship to control the use of his or her work by others. Protection extends to literary works, musical works, dramatic works, pantomimes and choreographic works, pictorial and graphic works, sculpture, motion pictures and other audiovisual works, sound recordings and architectural works. Generally speaking, a copyrighted work may not be reproduced by others without the copyright owner's permission. The public display or performance of copyrighted works is similarly restricted. Generally, the unauthorized reproduction, performance or distribution of a copyrighted work is copyright infringement and may subject the infringer to civil and criminal penalties. The Fair Use Doctrine outlines exceptions to this Law and is outlined in Coastal Bend College Policy, [CT \(Legal\)](#).

Coastal Bend College, its faculty, students and employees must comply with Copyright Law. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: library@coastalbend.edu or the Office of Marketing and Public Relations at: socialmedia@coastalbend.edu.

Intellectual Property: Student /Third Party Works: Rights to copyrightable or patentable works created by a student or a third party, that is, not a College District employee, shall reside with the author/ creator. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: library@coastalbend.edu or the Office of Marketing and Public Relations at: socialmedia@coastalbend.edu.

NOTE: The College website (<http://coastalbend.edu>) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.

Student success is our number one priority at Coastal Bend College, and we realize that prompt, effective communication (such as emails, assignment feedback, discussion boards and announcements) plays a significant role in achieving that goal. It is vitally important that you have the proper contact information for your instructor. This should include their phone number, email address, and if applicable, their office number, and office hours. **Faculty schedules can be located online at <http://coastalbend.edu/hb2504/>**

If you have any problems contacting your instructor, or do not receive a prompt response to your inquiries, please contact the Dean or Division Coordinator/Program Director as soon as possible. Their contact information is provided below:

Loana Hernandez Dean of Nursing and Allied Health 361-354-2341 lhernandez@coastalbend.edu	
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We wish you all the best in your education and encourage you to contact us if you have any questions or concerns.

Keeping student success in sight, faculty in each of the courses will review the course information, including specific reading schedules, assignments, and testing information, with students during the first week of class.

Additionally, the course information will be posted to Blackboard.

This master syllabus is subject to change due to unforeseen circumstances.